



**RELEASE OF LIABILITY, WAIVER OF CLAIMS,
ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT**

(hereinafter "The Release Agreement")

**BY SIGNING THIS YOU WILL WAIVER CERTAIN LEGAL
RIGHTS, INCLUDING THE RIGHT TO SUE**

PLEASE READ CAREFULLY

THE ACTIVITIES REFERRED TO IN THIS RELEASE
AGREEMENT INVOLVE RISKS AND
HAZARDS INCLUDING RISK OF DAMAGE, LOSS AND
PERSONAL INJURY. THESE RISKS
AND HAZARDS ARE MORE FULLY
DESCRIBED ON THE FOLLOWING PAGES. ALL
PARTICIPANTS IN THESE ACTIVITIES ARE REQUIRED
TO SIGN THIS RELEASE AGREEMENT OR HAVE A PARENT AND / OR GUARDIAN SIGN THIS
RELEASE INTENDED TO PREVENT PARTICIPANTS FROM TAKING LEGAL ACTION IN THE EVENT OF
AN ACCIDENT. PLEASE TAKE THE
TIME TO REVIEW THIS DOCUMENT CAREFULLY.

LAST NAME..... GIVEN NAME.....

STREET.....

CITY..... PROVINCE.....

POSTAL CODE.....

TELEPHONE HUNMBER (INCLUDING AREA CODE).....

EMAIL ADDRESS.....



TO: THE CUTTING EDGE RINGETTE ACADEMY (the “OPERATOR” OF THE RINGETTE ACADEMY) CONTRACTED TO PERFORM THE RINGETTE PROGRAM, and their respective directors, officers, agents, representatives, employees, volunteers, independent contractors, subcontractors, sponsors, successors and assigns (collectively the “RELEASEES”)

DEFINITIONS

In this agreement the term “RINGETTE PROGRAM” shall include all activities, programs, events, classes, and services provided, sponsored or organized by the Operator including but not limited to: Ringette; off ice training whether indoor or outdoor; personal training; use of strength training and fitness; conditioning equipment, machines and facilities; nutritional and dietary programs; orientation or instructional sessions or lessons; and all other such related activities.

ASSUMPTION OF RISKS

I am aware that my participation in fitness programs involves inherit risks and hazards, which could result in damage, loss or physical injury to me. Some of these risks, dangers and hazards include, but are not limited to:

- * Health: overexertion, dehydration, fatigue, lack of fitness or conditioning.
- * Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, equipment or persons.
- * Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Releasees to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within my own ability.
- * Advice: negligent advise regarding fitness programs.
- * My conduct and conduct of other persons, including NEGLIGENCE ON THE PART OF THE RELEASEES, may increase the risk of damage, loss or personal injury. I understand the Releasees will exercise all reasonable precautionary measure but may inadvertently fail to safeguard or eliminate the risks, dangers and hazards of the Ringette Programs, some of which are referred to above.

Despite the risks, dangers and hazards of the Ringette Program, and fully understanding such risks, dangers and hazards, I wish to participate in the Ringette Program with the Operator, and I FREELY ACCEPT AND FULLY ASSUME such risks, dangers and hazards and the possibility of personal injury, property damage and loss resulting therefrom.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

In consideration of the Releasees allowing me to participate in the Ringette Program and permitting my use of their equipment, facilities and services, I hereby agree as follows:

- 1. TO WAIVE ANY AND ALL CLAIMS** that I have or may in the future have



against THE RELEASEES AND **TO RELEASE THE RELEASEES** from any and all liability for any loss, damage, expense or injury that I may suffer as a result of my participation in the Ringette Program **DUE TO ANY CAUSE WHATSOEVER**, including but not limited to:

- * negligence on the part of the Releasees;
- * breach of any statutory or other duty of care including the duty of care owed under the Province of Alberta’s Occupiers Liability Act, R.S.A. 2000, c. 0-4, on the part of the Releasees; and
- * the failure on the part of the Releasees to safeguard or protect me from the risks, dangers and hazards of the Ringette Program, some of which are referred to in the Assumption of Risks sections of this Agreement.

2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any damage, loss, expense or injury to any third party resulting from my participation in the Ringette Program.

3. This Agreement shall be effective and binding

SAFETY

I am familiar with the proper use of the equipment. I am aware that there are fitness instructors and staff available to answer any questions I may have; whether on or off the ice. In entering into this Agreement I am not relying on any oral, visual or written representations or statements made by the Releasees with respect to the safety of fitness programs other than what is set forth in this Agreement.

INSURANCE: I am aware that the Releasees do not provide me with any disability, accident, liability or medical insurance or compensation, should I become injured or cause personal injury or property damage to any third party while participating in fitness programs.

JURISDICTION: This Agreement and any rights, duties and obligations as between the parties to this Agreement shall be governed by and interpreted solely in accordance with the laws of the Province of Alberta, and I agree to attorn solely to the jurisdiction of the Courts of the Province of Alberta. Any litigation involving the parties to the Agreement shall be brought solely within the Province of Alberta and shall be within the exclusive jurisdiction of the Court of the Province of Alberta.

PRINTED NAME OF PARTICIPANT: _____

SIGNATURE OF PARTICIPANT: _____

PRINTED NAME OF PARENT AND/OR GUARDIAN: _____

SIGNATURE OF PARENT AND/OR GUARDIAN: _____



DATE _____

WITNESS _____